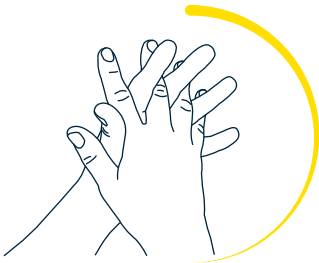
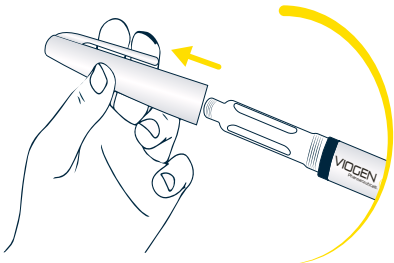


RETATRUTIDE 30MG PEN

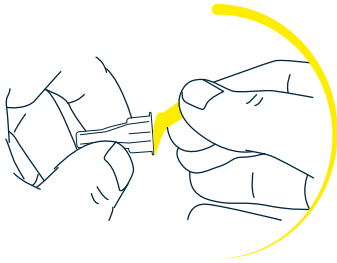
How to use your Viogen Retatrutide 30mg Pen
(Step-by-Step Guide)



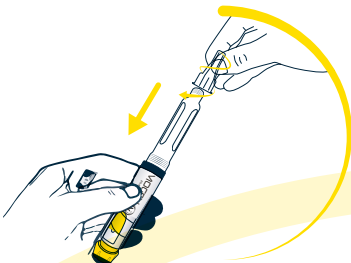
STEP 1:
Wash your hands thoroughly with soap and water, ensuring cleanness and hygiene.
Sanitize the injection site with an alcohol wipe.
Recommended areas:
Abdomen, roughly 50mm away from belly button.



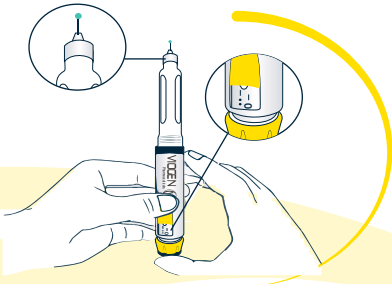
STEP 2:
Remove the cap from the pen and place the cap to the side.
Inspect the pen and cartridge for any leaks.



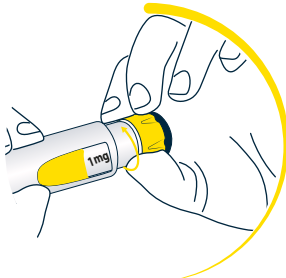
STEP 3:
Select a needle from the box, then peel off the paper seal.



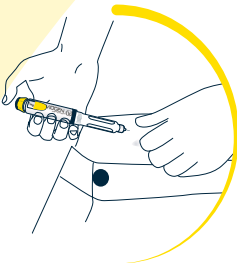
STEP 4:
Firmly hold the pen upright. Gently screw the needle clockwise onto the pen until secure. Ensure not to overtighten.
Remove the outer and inner needle caps, and place safely to one side.



STEP 5: Removing air bubbles and priming the pen.
If you notice any air bubbles in the cartridge, hold the pen upright, allowing the air to travel up toward the needle.
Turn/click the injection dial until you see the two dots then firmly press, allowing the air to vent out of the needle.
Repeat this process until a small drop of liquid appears at the tip of the needle.



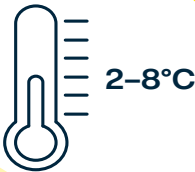
STEP 6: Setting your recommended weekly dose.
Now the pen is primed, turn the dial to the recommended dose.
(Please see the dosing chart below)



Step 7:
Pinch the sanitised area and firmly press the needle against the skin. Once the needle is fully inserted, press the injection button firmly and wait **10 seconds** before removing the needle.



Step 8:
Replace the needle caps onto the needle and twist the needle anticlockwise.
Discard the used needle safely into a sharps bin.
DO NOT REUSE.



Step 9: Storage.
Replace the pen cap on to the pen.
Store the pen in a refrigerator between **2-8°C**
Storing the pen above 8°C will impact the potency and strength.
DO NOT FREEZE.

Dosage Reference Table

Dosage	Frequency	Duration
2mg	Once weekly	Weeks 1-4
5mg	Once weekly	Weeks 5-8
10mg (2x5mg)	Once weekly	Weeks 9-12
12mg (2x6mg)	Once weekly	Weeks 13-16
15mg (3x5mg)	Once weekly	Weeks 17+

To administer a multi-dose injection: (After week 8)
Inject the first dose as normal, keep the needle in your skin, turn the dial to the second dose and inject again.

Pen Diagram

